YELLOW HIKINGTRAIL

GREEN TRAIL BEGINNER

BLUETRAIL INTERMEDIATE

RED TRAIL ADVANCED

BLACKTRAIL EXPERT

IS THIS TRAIL FOR YOU?

WHAT TO EXPECT:

Yellowwood Hiking Trail is a great introduction to hiking and/or trail running, which does not particularly require any previous experience. Although the trail is generally of uniform surface and reasonably wide, sections will have off-camber surfaces and obstacles such as rocks, gravel, roots, bridges and small potholes. The gradient is not excessively steep up or down for extended periods and is 3km long in total, so can be tackled by most physically fit people, young and old.

- Yellowwood hiking trail is suitable for: beginners or novice hikers/trail runners
- Shoes required: most off-road, trail shoes are suitable.
- Trail and surface types: trails are undulating with a wide trail tread. Trail surface might be loose, uneven or muddy at times with small potholes and bridge crossings.
- Gradients and technical trail features: shot, steep to gentle climbs and descents. Steep features/sections made easy by steps and switchbacks.
- Suggested skill level: a basic skill level is required. Hikers/Runners should be capable of hiking/running and controlling themselves safely.

IS THIS TRAIL FOR YOU?

WHAT TO EXPECT:

Green bike park trails are a great introduction to mountain biking but still require previous experience of riding a bike. Although the trails are generally of uniform surface and reasonably wide, sections will have off-camber surfaces and obstacles such as rocks, gravel, roots, bridges and small pot holes. The gradient on green trails will not be excessively steep up or down so can be tackled by most physically fit people young and old.

- Green grade bike park trails are suitable for: Beginners or novice mountain bikers.
- Bike required: Most off-road, well maintained bikes are suitable.
- Trail and surface types: Trails are undulating with a wide trail tread. Trail surface might be loose, uneven or muddy at times with small potholes. Includes short flowing singletrack-style sections.
- Gradients and technical trail features: Gentle climbs and descents. Easy trail features such as gentle berms and rollers.
- Suggested skill level: A basic skill level is required, riders should be capable of riding and controlling a bike safely.

IS THIS TRAIL FOR YOU?

WHAT TO EXPECT:

Blue trails require previous experience of mountain biking and are the perfect progression, providing plenty of challenge for the average rider. The trails are generally swooping and undulating in nature and will include some challenging riding with steep slopes, fast sections and numerous obstacles and trail features.

- Blue grade bike park trails are suitable for: Intermediate mountain bikers.
- Bike required: Functional good quality well-maintained mountain bike. Mid long travel suspension bike recommended.
- Trail and surface types: Descending singletrack trails. Trail surface generally smooth, but will include obstacles of roots and rocks.
- Gradients and technical trail features: Most gradients are moderate but might include some unavoidable steep sections.
 Trails include technical trail features, roots and rocks, berms, rollers and small jumps.
- Suggested skill level: An intermediate level of skill is required; riders must be able to perform controlled braking on steep descents, be able to corner at speed and ride short and steep ups and downs and the other trail features identified.

IS THIS TRAIL FOR YOU?

WHAT TO EXPECT:

Red trails require a high level of bike handling skills to tame consistently as they entail difficult riding on all manner of surfaces. Advanced trails can feature fast and flowing manmade sections or be technical and more natural in their nature. Most trails feature a mixture of any of these styles and are made up from a mixture of long steep descents, loose variable trail surfaces, and numerous natural and manmade obstacles.

- Red grade bike park trails are suitable for: Proficient mountain bikers with advanced off-road bike handling skills.
- **Bike required:** Good quality, well-maintained off-road mountain bikes. Mid long travel mountain bikes recommended.
- Trail and surface types: Steep and tough terrain, with constant technicality. Expect very variable surface types and a high frequency of natural and manmade obstacles.
- Gradients and technical trail features: Steep descents of a challenging nature will be present, natural trail features such as rock gardens, large or numerous exposed roots and technical terrain will feature, as will manmade trail features such as large berms, jumps and drops.
- Suggested skill level: An advanced level of skill is required; riders
 must be confidently able to handle cambers, larger drops, jumps
 and steep gradients, with an ability to control the bike over
 uneven and often.

IS THIS TRAIL FOR YOU?

WHAT TO EXPECT:

Highly difficult riding, Black expert trails include challenging technica downhill riding and large bikepark features, some of the elements you will encounter include: large manmade and natural unavoidable jumps, wood ramps, elevated narrow trails, drops, rock faces and all gradients and ground conditions. Expert mountair bikers should be the only riders who use these trails and skills areas.

- Black grade bike park trails are suitable for: Expert mountain bikers
 who are used to highly technically demanding trails.
- Bike required: A good quality, well-maintained off-road mountain bike is needed. Long travel and downhill bikes recommended.
- Trail and surface types: Challenging downhill trails Black trails contain great technical challenge and often continuous difficulty Downhill trails can evolve over time to become more challenging and difficult to ride. Can include any useable trail or surface.
- Gradients and technical trail features: Expect large, committing and unavoidable technical trail features. Large jumps and drops and severe terrain on the steepest gradients.
- Suggested skill level: Expert only; suitable only for riders with a very high standard of technical riding skills who can confidently handle large drop offs, jumps and severe technical terrain.

